

## The Money Advice and Budgeting Service (MABS)

is the State's money advice service, guiding people through money matters for over 25 years.

### FREE, CONFIDENTIAL AND INDEPENDENT

Mallow	0818 07 2440	mallow@mabs.ie
Dunmanway	0818 07 2450	dunmanway@mabs.ie
Charleville	0818 07 2420	charleville@mabs.ie
Cork City	0818 07 2090	cork@mabs.ie

### HOW MABS HELPS

MABS advisers provide advice on managing money and help people deal with a wide range of debts. The service is available for everyone, regardless of their financial circumstances.

Common types of client queries include, but are not limited to:

- Mortgage & Rent Arrears
- Credit Card Debt
- Personal Loan Debt
- Utility Arrears
- Legal Moneylenders
- Budgeting
- Income Maximisation
- Saving Tips
- Court Fines

### ABOUT MABS

The advice is free and provided by qualified professionals, in more than 60 locations nationwide. Advice is also available online by chat on [mabs.ie](http://mabs.ie) or call the national helpline. The service is non-judgemental, confidential and independent.

Call the national helpline on **0818 07 2000**

Monday to Friday, 9am to 8pm

Email [Helpline@mabs.ie](mailto:Helpline@mabs.ie)

Visit [mabs.ie](http://mabs.ie) for more information and to chat to an adviser online.